

Unique features of Play



Child-initiated



Involvement



Autonomy

Importance of Free Play

Socio-emotion

Play promotes impulse control and emotion regulation.

Language

Play improves communication and vocabulary.



Creativity

Play helps generate creative ideas.

Intelligence

Play stimulates brain development.

Practical skills to promote free play at home



Use the objects surrounding children to encourage play
play with anything, anywhere



Get toys with no rules
boost children's imagination and creativity



**Let children expand their critical thinking skills,
to adapt and be flexible during plays**



For messy play
control the portion and time, get ready with tools that help clearing up



Most important: time you spend with the child
needs patience, communication, and exchange of ideas

EDB Parent Education
Information at
Kindergarten Stage



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